

The Rockland Council On Alcoholism & Other Drug Dependence, Inc.

**rcadd**

# 5K RUN & WALK FOR RECOVERY

## Rockland's 9th Annual Recovery Rally

*#thisonesforreid*

**Saturday, August 27, 2016**

**ROCKLAND LAKE, RTE. 9W, VALLEY COTTAGE, NY 10989**

### RACE DAY SCHEDULE

8am Sign In / Registration

9am 5K -Run Start

9:15am - Walk Start

### REGISTER TODAY!

[https://raceroster.com/events/2016/](https://raceroster.com/events/2016/8454/5k-run-walk-for-recovery)

[8454/5k-run-walk-for-recovery](https://raceroster.com/events/2016/8454/5k-run-walk-for-recovery)

5K Fee \$25

Walkers \$15

Family \$45

**For more information**

**Kathleen Katt-Bennie**

**(845) 215-9788 ext.25**

**[www.rcadd.org](http://www.rcadd.org)**

"We are grateful and honored to take part in Rockland's 9th Annual Recovery Rally 5K Walk/Run for Recovery in memory of our son, Reid. We proudly join in fighting this battle of addiction and supporting recovery, hoping to make a difference and keep Reid's memory alive. Let's end the stigma and break the silence!"  
*Caren & Russell Schwartz*

**JOIN THE VOICES  
FOR RECOVERY:**

**OUR FAMILIES,  
OUR STORIES,  
OUR RECOVERY!**



*National  
Recovery Month*  
Prevention Works • Treatment is Effective • People Recover  
**SEPTEMBER 2016**

